



Sunbed habits of the Danes 2013

Report published by the Danish Cancer Society and TrygFonden, December 2014.

Danish title: "Danskernes solarievaner 2013 – en kortlægning"

Summary

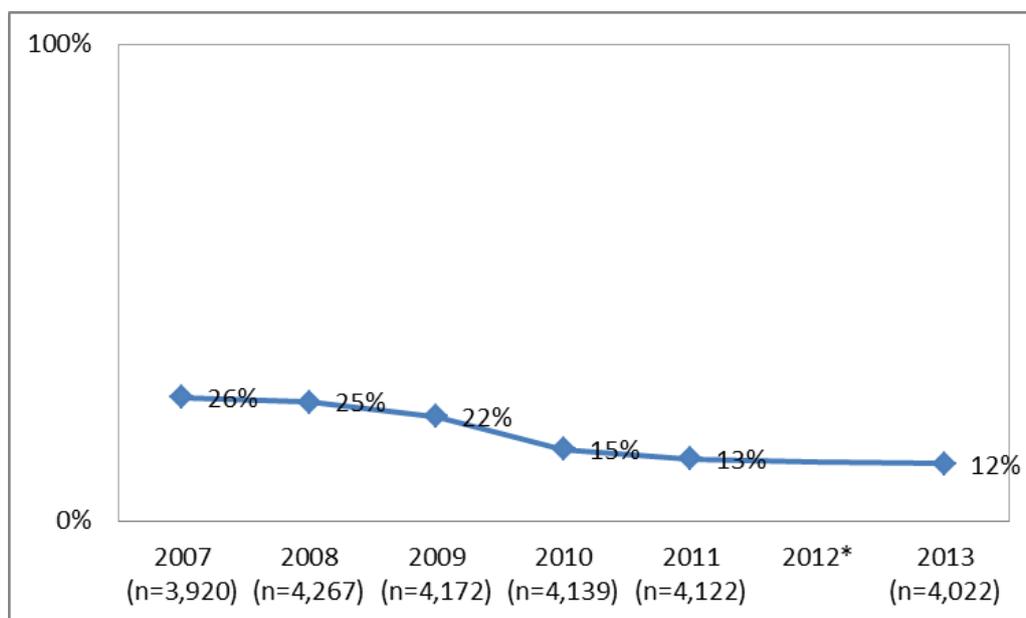
This report shows the sunbed habits of Danes aged 15-64 in 2013¹. The survey is based on data from 4,022 respondents aged 15-64. The data is nationally representative in terms of gender, age and region.

Sunbed use by Danes

One out of nine Danes (12%) aged 15-64 has used a sunbed within the past year. There are no age or regional differences in the proportion of sunbed users among women, but more young men use sunbeds compared with older men, and in particular men from the North Denmark region use sunbeds.

The proportion of sunbed users aged 15-64 has fallen from 26% in 2007 to 12% in 2013.

*Development in the proportion of sunbed users aged 15-64, 2007-2013**



*In 2012 the sunbed habits of those aged 26-64 were surveyed, and not those aged 15-64. Therefore, the figures from 2012 have not been used in this diagram.

In 2007, 62% of girls aged 15-19 used sunbeds making them the largest group of sunbed users. In 2013 this figure fell to 12%.

¹ The data was collected in September 2013 and respondents were asked about their sunbed habits in the past year.

Sunburn following sunbed use

7% of sunbed users aged 15-64 have experienced sunburn from sunbeds within the previous year. In particular, younger sunbed users and sunbed users from the North Denmark region and the Capital Region were sunburnt from sunbed use.

The most frequent reason for sunburn from sunbeds was the fact that new tubes had been fitted in the sunbed and the user had ended up spending too long on the sunbed compared with what he or she could tolerate.

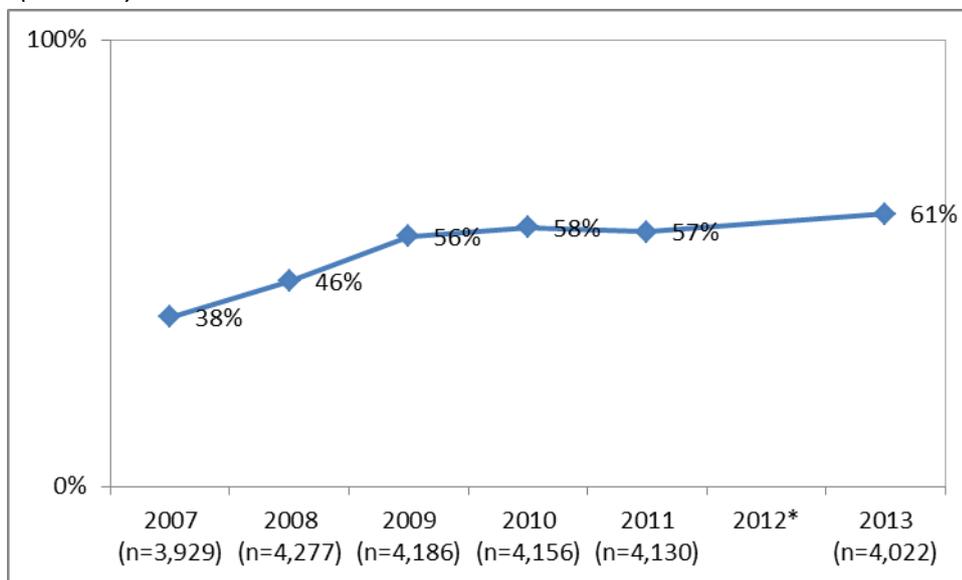
Awareness of and attitude towards legislation on sunbed use

In Denmark there is no minimum age limit for sunbed use. In spite of this, 41% of those aged 15-64 believe that it is prohibited for children and young people aged under 18 to use sunbeds.

When Danes are asked about their attitudes towards a minimum age limit, 61% believe that children and young people aged under 18 should be banned from using a sunbed. Only 22% are against this type of legislation.

The proportion of Danes aged 15-64 who support a minimum age limit of 18 for sunbed use has risen from 38% in 2007 to 61% in 2013.

Development in the proportion supporting a minimum age limit of 18 for sunbed use. 2007-2013 (n=4.022).*



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