

ECRS

Workshop VI

Workshop title: Fear of cancer recurrence

Organized by: Phyllis Butow, Emeritus Prof Phyllis Butow (BA(Hons), MPH, MClInPsych, PhD) is an Emeritus Professor in the School of Psychology at the University of Sydney

Description:

This half-day workshop will provide an update on the current evidence regarding the prevalence, persistence and outcomes of fear of cancer recurrence (FCR), factors associated with FCR, and theoretical and empirical approaches to managing FCR. We will discuss current thinking about the similarities and differences between FCR in patients with curable disease versus fear of cancer progression in patients with advanced disease. Novel approaches to scaling up FCR interventions will be discussed. The workshop will include a large practical section, where specific meta-cognitive strategies for managing FCR will be presented and practiced in pairs and small groups.