The Regional Cancer Centre South cancer rehabilitation project
Implementing a workable model for the cancer care process

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Regional cancer center (RCC) south

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Southern region:
Counties of Kronoberg, Blekinge, Halland and Skåne,
approx. 1 700 000 inhabitants
Regional cancer centers

- Plan and coordinate process oriented cancer care
- Education, clinical cancer research, innovation
- Increase patient influence
- Psychosocial support, rehabilitation and palliative care
How we view cancer rehabilitation

• Minimize negative effects of cancer treatment

• Reestablish functions

• Maximize chances of optimal result of medical treatment

• Prevent further health problems
Why integrate and individualize rehabilitation

- Patients have different rehabilitation needs
- Needs fluctuate over time
Challenges for integrating rehabilitation

• Heterogenous organisation of cancer care in the region

• In RCC south, diagnoses form separate patient processes

• Contact nurses to coordinate cancer care through the process
Key elements

• Needs assessment

• Referral
Regurally assessing rehabilitation needs

Rehabilitation needs assessment form basis for interventions

Diagnosis  Treatment  After treatment / discharge

Recurrence  Chronic phase  palliative phase
The rehabilitation project

- Awareness of cancer rehabilitation
- Assessing needs, building systems knowledge
- Involving rehabilitation specialists

- Website
- Workshops for nurses
- Theme conferences

- Networking
- Clinical guidelines
The website

One stop shop
with resources for caregivers
Please stay in touch!

www.cancercentersouth.com

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