

ECRS

Workshop IV

Workshop title: Is it possible to digitalize the cancer rehabilitation team?

Organized by: Patrik Göransson, Clinical psychologist, developer and department head at the Cancer Rehabilitation Clinic at Helsingborgs hospital in Helsingborg, Sweden.

Description:

Two years of working under a pandemic situation within specialized cancer rehabilitation had its challenges but provided also at window of opportunity when it comes to rethink how to make our services available to our patients. Healthcare providers at the Cancer Rehabilitation Clinic at Helsingborg Hospital swiftly switched to provide individual and group treatments through utilizing digital tools. As a result, we gathered enough of experience and feedback to move forward with the idea that it is possible to increase access to specialized cancer rehabilitation by setting up a digital clinic and make it available across a whole region from the start and possibly national in the near future. This endeavor has received full funding from Region Skåne 2022 and 2023 we are in the midst of setting it up.

The scope of this workshop is to share experiences, ideas and plans concerning a digital cancer rehabilitation process and how to make specialized cancer rehabilitation more accessible to people affected by cancer without being limited to what is available where they live, a very real challenge in Sweden.

This is a co-creative workshop for clinicians, healthcare developers, administrators/leaders, researchers so apart from looking at the experiences and plans of the Digi-CaRe project in Helsingborg, Sweden each participant have to be prepared to give a short presentation of his/her experiences and ideas. More information about this will be sent out to workshop participants in advance.

Learning objectives:

1. How can good clinical interventions within cancer rehabilitation be set up and delivered digitally for in both an individual and group format?
2. How can we design a digital health care process around a interdisciplinary cancer rehabilitation team and how does it fit in to the cancer care process?
3. What tools do we have for digital assessment, treatment planning, treatment, follow-up, consultation and clinical decision support?
4. What new opportunities does a digital cancer rehabilitation clinic provide when it comes to bridge gaps between cancer care, rehabilitation services and primary care?

5. Finally we also would like this workshop to continue as a network or special interest group that can share experiences moving forward with digitalizing the cancer rehabilitation team.

Target Audience:

Clinicians from all professions working within cancer rehabilitation and interdisciplinary teams but also administrators, developers and researchers working with digitalization of the rehabilitation process.

Description of presenters:

Patrik Göransson, Clinical psychologist, developer and department head at the Cancer Rehabilitation Clinic at Helsingborgs hospital in Helsingborg, Sweden. Starting as a clinical psychologist within cancer rehabilitation in 2008 Patrik has mainly focused on the setting up and development of cancer rehabilitation services and teams. He has also been involved nationally in the development and implementation of cancer rehabilitation through a long time engagement in the Swedish Psycho-Oncology Society (SWEDPOS). To develop, implement and use digital tools to optimize both the cancer rehabilitation process and further involve healthcare workers and patients in co-development have been a keystone in his career.